

Naked Truth

Humanity's Rejection of God's Word

The naked truth is . . .

1. God's Word defines reality, not our feelings or desires.

“The heart is deceitful above all things And it is [incurable] extremely sick; Who can understand it fully and know its secret motives” (Jeremiah 17:9 Amp)?

God did not leave humanity guessing about what is good, true, or life-giving. From the beginning, His Word clearly defined reality. In Genesis 3, the issue wasn't confusion—it was rebellion. Adam and Eve knew what God said, but they chose to trust another voice. This reminds us that truth is not something we discover within ourselves; it is something God reveals to us. When we detach truth from God, reality itself becomes distorted.

The naked truth is . . .

2. The original lie was to not trust God.

“No! You will not die,” the serpent said to the woman. “In fact, God knows that when you eat it your eyes will be opened and you will be like God, knowing good and evil” (Genesis 3:4-5 HCSB).

The serpent's strategy in Genesis 3 was not to deny God's existence, but to attack God's character. “God knows...” implies God is withholding something good and using rules to control rather than protect. This lie still works today. Whenever we believe obedience limits our freedom, we echo the same deception. The enemy convinces us that God's boundaries are barriers, when in fact they are safeguards rooted in love.

The naked truth is . . .

3. Not trusting God leads to doing what's pleasing in our own sight.

“Then the woman saw that the tree was good for food and delightful to look at, and that it was desirable for obtaining wisdom. So she took some of its fruit and ate it; she also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they knew they were naked; so they sewed fig leaves together and made loincloths for themselves” (Genesis 3:6-7 HCSB).

“In those days Israel had no king; all the people did whatever seemed right in their own eyes” (Judges 21:25 NLT).

“For everything that belongs to the world—the lust of the flesh, the lust of the eyes, and the pride in one’s lifestyle—is not from the Father, but is from the world” (1 John 2:16 HCSB).

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4. Defining good and evil for ourselves damages our relationship with God and destroys our spiritual lives.

“The Lord God said, “Since man has become like one of Us, knowing good and evil, he must not reach out, take from the tree of life, eat, and live forever.” So the Lord God sent him away from the garden of Eden to work the ground from which he was taken. He drove man out and stationed the cherubim and the flaming, whirling sword east of the garden of Eden to guard the way to the tree of life” (Genesis 3:22-24 HCSB).

When Adam and Eve chose their own version of truth, the immediate result was not enlightenment—but nakedness, shame, fear, and hiding. Rejecting God’s truth never leads to freedom; it leads to fragmentation. Every attempt to redefine good and evil apart from God ultimately damages our relationship with Him, with others, and with ourselves. The “naked truth” is that only God’s truth leads to life, clarity, and restoration.

Small Group Discussion Questions

1. Why is it significant that Adam and Eve knew what God said, but chose to listen to someone else? How is this relatable to believers today?
2. How is the serpent's trick in Genesis 3 resemble the ways people today are tempted not to trust God's Word?
3. How does redefining good and evil apart from God lead to shame and separation, both personally and culturally?
4. What are some examples of how God's boundaries can be misunderstood as control rather than protection?
5. What are practical ways people can begin to seek, learn and trust God's Word as the foundation for truth and life?