

It is Well With My Soul Part 2: Mind Mastery  
July 15 – 16, 2023

Welcome back to our Heavenly Wholeness six week series where we are talking about three different aspects that make up our lives, Spirit, Soul and Body. And one great truth of what we've learned so far is that to be whole people, it starts with Jesus coming into our lives and giving us a new Spirit. And that new spirit, the actual presence of God in our lives, helps us, empowers us to become more whole in our body and soul. Will we ever be totally whole this side of heaven, no, but with our new spirit, we can become more like Jesus. That's good news! You agree. If so, say dass right!

Today this is part 2 of the Soul focus. Last week, my Soul Sistah, in every aspect of that word, PT masterfully taught us about one aspect of our soul, our emotions, and understanding the role of our emotions as indicators of how you feel, not as guides that should direct our decisions. Today, I'll be speaking about the other aspects of our soul, it's our minds, or our thinking, thoughts.

Why is this so important? Listen up, the way we see things, our outlook, our perception of reality, greatly affects the way we feel about ourselves and others. It affects our decisions and the way we respond or react to things that we face. Mental wellness, mental health hasn't been given enough emphasis in the church as it should. The Barna Group, a Christian research org, in its largest-ever study shows that half of U.S. 18–35-year-olds (49%) expressed anxiety over important decisions and were afraid to fail. Over three in 10 said they often felt sad or depressed (39%) or lonely and isolated from others (34%).

You talk any of our mental health professionals in our church, they have a waitlist of people that need professional help.

Just to illustrate: show we have different views (ways we see things). Will be talking about that today: **KEYNOTE Show pic.** [https://www.researchgate.net/figure/The-young-old-woman-illusion-also-known-as-the-My-Wife-and-My-Mother-In-Law-illusion\\_fig3\\_264866231](https://www.researchgate.net/figure/The-young-old-woman-illusion-also-known-as-the-My-Wife-and-My-Mother-In-Law-illusion_fig3_264866231)

Ask, what do you see? First just keep what you see to yourself. No yell out what you see just yet. This is how life can be. We see or think about one situation from one perspective, one viewpoint, but there is surely another perspective to have, positive or negative.

To illustrate, having a different perception of reality, with Gayle's past employment at Hwn Air, we have pass travel benefits and our dates we go on take us miles away. Well this past month, we had an opportunity to visit my relatives in Japan. On the computer, the flight load looked like we'd be the last couple seat to coming back to Hawaii. And there are so many factors, people miss their flights, people buy last minute, or jump on standby last minute too. So there is uncertainty when you pass travel. Who do you think thrives in uncertainties? Who do you think has the go for it, chance um mentality, me or Gayle? Do you think we went? No, because I didn't want Gayle to stress out on the trip. The old Earl would have chanced um! But the spirit empowered Pearl was guided to stay back. This shows how differently we can view the same situation.

And this is one example of many situations we can face in our lives.

As a review, when you said yes to Jesus, and believed in Him, something amazing, and mysterious happened, he put a new spirit in you. Paul says this: **KEYNOTE**

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! (2 Corinthians 5:17 )

So when Paul talks about this he is talking about our new life in the Spirit. What still needs to be transformed is our soul and body. And our soul and body are in the process of being made whole or special, and God is committed to helping us become more whole and special this side of heaven. And as we cooperate with Jesus and his Good an Spesho Spirit, in our lives, we can transform in the way we deal with our emotions and in our thoughts. That's our SOUL. Dass good news!

You see there is a battle going on in the heavenly realms. And much of the battle is happening in six inches, between our two ears. The devil is a "head hunter" and his battlefield is our mind and he drops bombs of lies, accusations, taunts, and discouragements. And we need to fight with different kine warfare.

How do we go to battle? We gotta know the truth to dispel the devils schemes.

And we can walk in victory! By yielding to God and his ways! Paul says it like this in his second letter to the Corinthian church. **KEYNOTE**

It is true that we live in the world, but we do not fight from worldly motives. The weapons we use in our fight are not the world's weapons but God's powerful weapons, which we use to destroy strongholds. We destroy false arguments; we pull down every proud obstacle that is raised against the knowledge of God; we take every thought captive and make it obey Christ (2 Corinthians 10:3 – 5 Good News Translation).

The key, is to take every thought captive and make it obey Christ. Let me ask you this question, how many of you need help in your thinking about things, cuz you get negative thoughts at times? We get what I call "Stinking Thinking" How many of you get that?

So how do we get our stinking thinking under the control of God? We say to our stinking thinking, come under God's ways! Replace that stinking thinking with the God's truth. His promises, his ways.

Remember what Paul says to the Roman church **Keynote**

Do not conform any longer by the pattern of this world, but be transformed by the renewal of your minds. Then you'll be able to test and approve what God's will is, His good, pleasing and perfect will (Romans 12:2 NIV)

NLT tell um lidis. **KEYNOTE**

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect (Romans 12:2 NLT).

DGASB tell um lidis: Eh! No do wat da peopo nowadays stay tell you fo do! Mo betta, you guys let God make you guys tink diffren kine inside, fo you tink diffren bout eryting. Den you can figga wat God like you fo do. An da ting God like you fo do, stay good, make God stay good inside, an erytime stay perfeck.

Dass right, gotta let God make us guys tink diffren kine inside, fo you tink diffren bout erything. Don't you want God to help you tink diffren kine? Raise your hands. The rest of you, you deceived by da devil.

That's why the key is to let God, yield to God, allow him to control your thoughts. How? By replacing Your thoughts with His thoughts. And if we are gonna become heavenly whole in our soul, we gotta know where the battle is fought and how to win in that battle, it's in the battle in our mind, master our mind with the master himself. BRING THE MASTER in our minds, to be MASTERMINDED spirit people.

And this is done on a daily basis, moment by moment basis.

You may say, I just started out this Christian life. How I going transform my stinking thinking. All my life I stay think pilau kine stuff, everybody around me get stinking thinking. Listen to Paul again as he speaks to another church (**KEYNOTE**)

Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. **Instead, let the Spirit renew your thoughts and attitudes.** Put on your new nature, created to be like God—truly righteous and holy (Ephesians 4:22 – 24 NLT).

Out with the stinking thinking and In with God's timeless truths!

**Illustrate this:** For fishers out there. **When you go fishing, do you use your fishing line over and over again?** Just cuz when catch fish before time? No gotta change um out regularly.

We cast out the old, but we reel in same ole old line, thinking we can have success. But we need to **remove and replace**.

**Self Study/OG Discussion Q1:** What are a couple stinking thinking thoughts you have that you are asking God to remove and then replace with His truth?

Fishing line, out with the old, but we reel in the same ole stinking thinking expecting to catch fish. Remove and Replace with some God's timeless truths. And that's what we need to do! How many times we just trying eliminate our stinking thinking, just to reel um in again. An operate from the same stinking thinking. That's insanity!

God's got this whole spool of new line for you, you have access to it, remove and replace! It's a daily discipline to do so. We gotta get good at that.

This has been true for me. My friends have been catching shibis, I'm gone whitewash the last couple times. Why? I checked out my top shot, needed to be removed and replaced.

So how do we practically do this, to bring heavenly wholeness in your thought part of our soul?

You know what holds us back from doing this? Our pride! Satan convinces us that you get um no worry. Fish the same way as before. I'll share with you some practical heart steps: It's all about H.E.R. not the new R & B singer.

**Invite Dr. Brian to share about this and his work with helping people with their stinking thinking. (Keynote video)**

<https://www.youtube.com/watch?app=desktop&v=-4EDhdAHRog>

H. Humble yourself (have the idea that I don't know it all)

James says it like this. **KEYNOTE**

Humble yourselves before the Lord, and he will lift you up in honor (James 4:10 NLT).

DGASB tell um ladis: **KEYNOTE**

No make jalike you mo betta den da odda guys da way Da One In Charge see you. Den, he goin make you come somebody fo real kine.

A Proverb says this: **(KEYNOTE)**. There is a path before each person that seems right, but it ends in death (Proverbs 14:12 NLT)

Be willing to be wrong at times. Some people are so hard headed, haha, and that includes me too, that we are not open to seeing another perspective. And in relationships with others, if you are like this, I know you have relational problems.

E. Examine yourself (ask God through his H.S to give you a heart check)

Psalm 139 is a song that shows us the right response to our ways. **KEYNOTE**

Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting (Psalm 139:23 – 24 NIV)

Let God examine our heart, our motives, our ways. Do regular heart checks.

R. Respond responsibly or radically, if necessary

Look out for yourself,

someone wrong you, wrong um back, and tell laytas with you

Mo bettah to get than to give

The guy with more toys wins,

As long as nobody know, it's ok

Stuff your hurts, That's stinking thinking, not heavenly wholeness thinking. Well, the good news is this. God is committed to helping us change if we learn how to yield, to allow him, let him, control our thinking with his thoughts, his ways, his perspectives.

How many of you want to master your minds with the master's thoughts? Well, let's get equipped to fight the battle.

Our outlook will affect our Outcomes! Good or bad! I don't know about you about I surely want a Christ like outlook to have a Christ like outcome. You agree?

**Self Study/OG Discussion Q2:** H.E.R is a helpful means to do a heart check on you thoughts and attitudes. Apply this to something you are going through that the Holy Spirit is highlighting. Bring another person into this process of transformation.

I'll first share a bit of my journey. I'm a first generation Christian. My parents didn't teach me biblical values, they raised me to be good, be smart, achieve, for success. So that's what I did. Try to be smarter than everybody else. Try to be achieve to make me feel good about myself. So excelled in the sporting arena, specifically on the baseball field.

That may have been a great way to live, but that thinking got me into trouble. Cuz it was all about me. And I even brought that kind of thinking into my being a pastor. My thoughts and ideas were better than yours. If it wasn't done my way, it wasn't the best way. As I look back, that's so ugly, such stinking thinking. I confess, I was the pushy pastah! But now, I'm the Pearly Pastah! At least, being transformed more and more to be like the true Pearl, Jesus Christ.

That's why PT and I would get into it! I didn't see her as my soul sistah. I thought of her as a hinderance someone to be in competition against. And we'd get into it. And I'd get into it with others too. Thank Jesus, that he transforms.

I was being Earl led, but not Spirit led in many of my ways. And I still have to yield to God in this area because I can go back to my old ways, but because of the Spirit, he can help me overcome this stinking thinking stronghold.

The healthy perspective of Isaiah the prophet is what I need to have.

**KEYNOTE**

"My thoughts are nothing like your thoughts," says the Lord.

"And my ways are far beyond anything you could imagine.

For just as the heavens are higher than the earth,  
so my ways are higher than your ways

and my thoughts higher than your thoughts (Isaiah 55:8 – 9 NLT)

I knew of this scripture, but did I truly embrace the truth in line with my thought patterns. I had to repent. Earl, you have some great thoughts and ideas, but would you submit them to me!

At NHCO, we are committed to help everyone in their transformation into being more like Jesus. Yes, we are committed to having people trust Jesus, but can't stop there. This whole process of being more like Jesus, spiritual transformation is important.

No wanna be like that seed that fell on shallow ground or had weeds grow around it. Wanna help you get planted in some fertile soil to grow and deal with your stinking thinking.

So how can we grow in this area of walking with Jesus and filling our minds with the master's mindset. We all learn effectively in different ways.

- Junk in, Junk out (gotta get da good in so that good can come out)
  - (individually) That's why we are big on daily devos at NHCO. Spending time with our master. Part of it is to let the master, master our minds. How many of you have a hard time reading your bible?
    - Reading/Studying/so that you can think deeply about God's truth and apply da truth to our lives. The bible call that meditation.
    - Listening: Youversion: Can listen to your version. Can even lissen to God in Hawaii Pidgin. **Keynote (show version icon)**  
<https://hilltoppersforchrist.com/resources/>  
 Download **Youversion**
    - Enroll in my BIH class on how to study the bible basics on Sat, August 26<sup>th</sup> **(Keynote)** show my course. <https://www.biblehawaii.org/courses/>



- (I learn best relationally). We are defined by our associations. If we hang out with fools, we'll be fools. If we associate with smart people, we'll be smart. You like be one good fisherman, hang out with?
  - Who are you surrounding yourself with? I'm not saying cut ties with all your unchurched associates, those who need you to be agents of aloha with. But who are you getting input from
  - For me, unchurched, 1<sup>st</sup> generation Christian, the best decision for me was to surround myself with Christians who knew more than me. Was wiser than me, had more experience than me. That's why I champion that. If you don't have some associates like this, talk to me, other pastors, others in our church who are connected in a growth group in our church and learn relationally.
- If you are stuck in some negative thinking patterns, we have several settings for some inner healing and deliverance of those toxic thoughts. Hope Ministry on Mondays and Inner Healing and Deliverance sessions through our prayer ministry.
- Also, you may need some professional help from Christian counselors. And we have several skilled and spirit empowered professionals in our church. Speak to any pastor and we'll refer you to one that will best serve you.

**Self Study/OG Discussion Q3:** What next steps do you need to take to respond responsibly to renewing your mind and cooperating with the Holy Spirit in your transformation to being more heavenly whole like Jesus.

You've heard me speak, but my prayer is that you heard God's Spirit speaking to you. It starts with a surrendered will to God. PT spoke about feelings last week. I want to pray against APATHY:

Apathy describes an absence of feeling or emotion. This indifference can affect your motivation and leave you feeling detached from the world. You might: stop caring about everyday tasks, hobbies, or personal interests.

Ainokea attitude: I hate that phrase. I like da Aikea Attitude: Do you care enough about your soul heath to do something about it? The fact that you are here shows that you have da "Ikea" attitude. That's good. So let's ask God to help us radically respond to him.

It starts first if you are here and never given your heart in belief in Jesus. Gotta trust him first and then when you do so, he renews your spirit. Then for the rest of us, maybe the Lord spoke to you about your stinking thinking! And the steps you need to take! No wait, till too late. Take a step and he'll lead you to your next ones.

Let's respond to God now! Remember H.E.R?

Benediction Song: